

Position: Goalkeeper

Job: Read the game
Stop scores
Set up Attacks
Talk to Defenders
Organise Players

Must Do's: Catch all high balls
Reassure defenders
Control defenders
Talk, Talk, Talk
Organise defensive set pieces.
Accurate fast ball from puck out
Be an assertive presence in the goal.

Can Do's: Shot Stopping
Sweeper
Striking left and right on the run
Hand pass left and right on the run
Excellent footwork.

Position: Corner Back

Job: Read the game
Reduce opposition scores
Curtail your man
Mark your man.
Communicate with players
Listen to the goalkeeper

Must Do's: Prevent your man from scoring
Sacrifice a point to save a goal
Touch tight
Play from the front
Trust your own ability
Ensure you keep the ball moving out.
Tackle/hook/block
Bat ball

Can Do's: Strike left and right from hand and ground
Catch overhead ball
Link up with players
First touch

Position: Full Back

Job: Read the game
Curtail scores
Curtail your man
Touch tight to your man.
Communicate with players
Listen to the goalkeeper

Must Do's: Prevent your man from scoring
Sacrifice a point to save a goal
Touch tight
Play from the front
Trust your own ability
Don't let the ball past you.
Tackle/hook/block
Bat ball, aggressive in the air
Be in charge of the square

Can Do's: Strike left and right from hand and ground
Catch overhead ball
Link up with players
First touch

Position: Half Back

Job: Attack puck outs
Set up attacks
Contest high balls aggressively
Mark your man

Must Do's: Be aggressive in the air
Communication with players around
Take instruction from the goalkeeper/ centre back
Ensure no ball passes through uncontested
No puck out hits the ground in your area
Get the ball into the scoring area
Support the full back line
Tackle Hook Block
WORK, WORK,WORK

Can Do's: Pick out a forward
Set up an attack
Pick off a score
Support the rest of the team

Position: Centre Back

Job: Attack puck outs
Set up attacks
Contest high balls aggressively
Mark your man

Must Do's: Be aggressive in the air
Communication with players around
Take instruction from the goalkeeper
Ensure no ball passes through uncontested
No puck out hits the ground in your area
Organise the players around you
Sweep for your half backs
Support the full back line
Tackle Hook Block
WORK, WORK,WORK

Can Do's: Pick out a forward
Set up an attack
Pick off a score
Support the rest of the team

Position: Midfield

Job: Link with forwards & backs
Keep the ball going into the forwards.

Must Do's: Strike the ball on the run, left & right
Take instruction from the centre back
Tackle/Hook/Block
Keep the ball moving fast
Cover a huge amount of ground
Help out the defensive unit
Keep your shape.
Mammoth workrate

Can Do's: Take a score
Follow up play to support forwards
Pick out forwards with passes
Aggressive for balls, once you decide to go for a ball you need to completely commit to it.
No high puckout allowed to hit the ground uncontested
Allow space in the forward line, and deny it in defence.

Position: Half Forward.

Job: Work rate must be crazy high.

Main area of point scoring

Must Do's: Help back in midfield always

Making yourself available for passes throughout the game

Moving constantly to keep defenders occupied

Blocking/Hooking/ Tackling

To ensure our puckout keeps moving into the inside forward line

Follow that ball once it has gone through you to support inside forward line.

Take a score

Winning your own ball

Sacrifice a point to create a goal chance

Eliminate free ball for half back to pin point passes

Can Do's: Strike left & right on the run

Solo

Take sideline cuts

Take frees

Take risks, no harm in trying something new

Position: Centre Forward

Job: Take ownership of the half forward line
Keep wing forwards in their place

Must Do's: Run straight a defences.
Take a score
Work rate must be manic
Be available for all puck outs
Keep the ball moving through to inside line
Block/Hook/Tackle
Negate centre back
Help out midfield
Sacrifice a point to create a goal chance.

Able to Do: Strike on the run left and right
Take a free/ sideline cut
Follow up ball breaking through, support inside line
Create chances for other players

Position: Corner Forward

Job: Score

Prevent easy clearances

Must Do's: Make yourself available throughout the game

Never stop moving

Manic hooking/blocking/tackling

Frustrate defenders, always in their face

Score on the run left & right

Sacrifice a point chance to create goal chance

Create score for on rushing half forward line

Create scores for half forward line by forcing defenders into poor clearances

Able to do: win your own ball

Take free

Take sideline cut

Forget errors: keep trying: attempt a shot when it's on.

Recycle ball back to edge of the D

Keep all defenders honest.

Position: Full Forward

Job: Win ball
Goal threat
No free clearance

Must Do's: Contest every ball
Hook/Block/Tackle like crazy
Keep moving in and out; keep full back on his toes
Strike on the run left & right
Always contest a high ball; you must contest even if it can't be won
Bring the on rushing half forwards into play
Keep the goalkeeper honest/ organise against quick puckouts/ challenge keeper each time he's in possession in play
Vary play continuously; keep full back guessing
Force full backline into half clearance by work rate, set up scoring chances for half forwards & midfielders.

Able to do: Strike left and right on the run
Catch and kick
Organise all forwards for an attacking free
Take on the full back; run at him

